



REVIEWS

BOOKS

Reviewed by Ruth Parnell

CANNIBALS, COWS & THE CJD CATASTROPHE

by Jennifer Cooke

Publisher: Random House, Aust, 1998

ISBN: 0-09-183691-3 (398pp h/c)

Price: AUD\$24.95; NZD\$27.95

Distributor: Aust/NZ—Random House.

In late November 1991 in Australia's Federal Parliament came the first public announcement of deaths from Creutzfeldt-Jakob disease (CJD) attributable to human pituitary hormone (hPG) injections used in women's fertility and children's growth programs. Public outrage followed when it was realised that the warning signs were there in the mid-1980s; that unethical and unsafe practices were the norm in the extraction of pituitary glands from cadavers; that blood bank supplies were probably already contaminated with CJD; and that the debilitating disease could take hold well over a decade after cessation of the hormone injections.

One journalist to reveal the cover-up and the human cost was Jennifer Cooke, a senior medical writer with the *Sydney Morning Herald*, who went on to spend much of the next five years researching the CJD crisis in Australia and around the world. She had planned to focus her book on the CJD/hPG tragedy, but when the deaths of 10 young Britons from a new variant strain of CJD were linked with the BSE (mad cow disease) epidemic in March 1996, Cooke was compelled to expand the scope to cover the links between various spongiform "prion" diseases: CJD, kuru (found in some Papua New Guinean highland tribes who practised

cannibalism), BSE and scrapie.

Her chilling, detective-style account, *Cannibals, Cows & the CJD Catastrophe*, includes interviews with key scientists, the heart-wrenching experiences of many victims and their families, and the ongoing litigation in Australia, UK and Europe. Her warnings about a time bomb waiting to go off have serious implications for us all.

HITLER AND HIS SECRET PARTNERS: Contributions, Loot and Rewards

by James Pool

Publisher: Pocket Books, USA, 1997

ISBN: 0-671-76081-5 (425pp h/c),

Price: AUD\$34.95; NZD\$39.95;

STG£18.99; NFL\$52.90; USD\$24.00;

CAN\$32.00

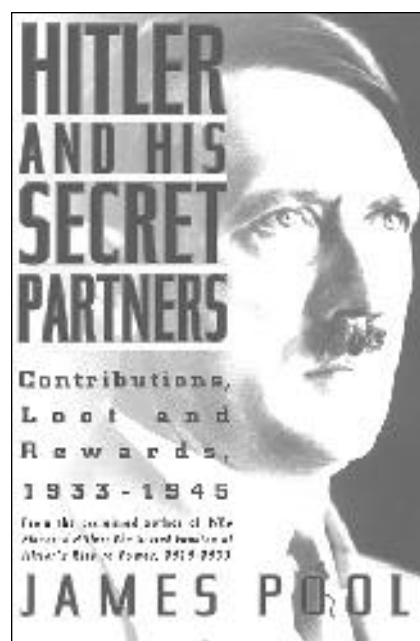
Distributors: Aust/UK/USA/Canada—Simon & Schuster; NZ—Macmillan, ph (09) 415 6677; Europe—NEXUS Office.

Since the fall of the Iron Curtain, much new information has emerged about the rise and fall of Hitler, the Nazis and the Third Reich. This book, *Hitler and His Secret Partners*, is another interesting exposé of what went on behind the scenes of the regime. Author James Pool argues that it was greed as much as lust for power that was at the heart of the Third Reich (though, surely, greed and lust for power are fundamental to any regime!).

Hitler's partners were the secret government of his day: the industrialists, bankers and military, all working together to fund the expansionist dream which World War I failed to materialise. While the occult motivations behind Hitler and the Third Reich are not part of Pool's domain, there are revelations enough about how Hitler's supporters

were rewarded for their funding of the regime in the lead-up to and throughout World War II. Central to his argument is that the Jewish Holocaust was largely motivated by profit and the opportunity to seize Jewish property.

Hitler and His Secret Partners covers the 1933 to 1945 period, but, to get a firmer grasp on the big picture according to Pool, the reader should refer to his earlier work, *Who Financed Hitler*, which considers the lead-up period of 1919 to 1933 and goes into more detail on Hitler's foreign financiers. In this volume, the foreign influences emerge more as (questionable) moral supporters than financial saviours.



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BOOKS

FOOD PETS DIE FOR

by Ann N. Martin

Publisher: NewSage Press, USA, 1997

ISBN: 0-939165-31-7 (144pp s/c)

Price: AUD\$26.00; STG£11.00;

NFLf28,90; USD\$12.95

Distributors: **Aust**—Cameron Books, ph (02) 4758 7676; **UK/Eur**—NEXUS offices;

USA—NewSage Press, PO Box 607, Troutdale, OR 97060-0607, ph (503) 695 2211; Publishers Group West, ph 1800 788 3123, fax (510) 568 1834.

Most commercially produced pet food is garbage, according to concerned pet-owner Ann Martin. In the seven years since her two dogs became ill after eating contaminated dry dog-food, Martin has devoted her life to investigating and publicising exactly what goes into those cans and bags of pet food, but she has had to endure running battles with the largely unregulated, multibillion-dollar pet-food industry. Her book, *Food Pets Die For*, exposes the shocking reality of pet-food production in North America, although the situation is similar throughout the world.

As Martin progressed on her research trail, she became increasingly disgusted at the lack of regulations to prevent companion animals being rendered and ending up in pet food. She was horrified to learn that commercial pet food is full of hazardous substances: drugs, hormones, heavy metals, pesticides, plastics, pathogens, rancid fat, and even the euthanising agent pentobarbital whose presence in food is undetectable. (See her article in NEXUS 4/01.)

Martin warns that it is only a matter of

time before the BSE crisis hits the North American farming sector, then the pet-food industry and, ultimately, human consumers of farm animals fed with infected stockfeed.

Martin encourages pet owners to be more aware of what they feed their pets, but if they *must* buy commercial pet foods they should at least be able to translate the labels. Her findings here are an eye-opener, but she goes further by offering alternative dietary advice as well as pages of nutritious recipes and helpful hints for healthy pets.

LOST SCIENCE

by Gerry Vassilatos

Publisher: Borderland Sciences Research Foundation, USA, 1997

ISBN: 0-945685-25-4 (347pp s/c)

Price: AUD\$29.00; NZD\$39.00;

STG£14.50; NFLf37,90; USD\$16.95 +p/h

Available: **Aust/NZ/UK/Eur**—NEXUS offices; **USA**—Adventures Unlimited, ph (815) 253 6390, fax (815) 253 6300.

Frontier science researcher Gerry Vassilatos has been contributing for years to the Borderland Sciences Research Foundation (BSRF) and its journal, uncovering the forgotten and/or suppressed scientists/inventors whose ideas and inventions represent a sci-tech paradigm shift that may yet become a reality. Now, a selection of in-depth biographies of such luminaries has been compiled for *Lost Science*, the first volume in a new BSRF series.

Vassilatos starts off in the early 19th century with Baron Karl von Reichenbach who discovered luminous "od" energy and pioneered aura research. He then considers the mid- and late-19th century breakthroughs of Antonio Meucci in physiophony (hearing through the body) and telephony, and of

Nathan Stubblefield with his devices powered by Earth energy from the ground.

Next, and moving into the 20th century, is Dr Nikola Tesla's research into broadcast power; Dr Royal R. Rife's Universal Microscope and cancer-killing beam ray unit (and AMA/FDA suppression tactics); T. Henry Moray's cosmic ray receiver; Thomas T. Brown's gravitational warp research; Dr Vladimir Gavreau's discovery of deadly infrasound; and, up into the 1950s, Philo T. Farnsworth's controlled fusion devices.

Vassilatos expands each chapter with historical and anecdotal detail to help the reader better appreciate the context of the inventors and inventions. A final treat is his inspiring last chapter on mind, fire and thermodynamics, written in praise of Nature.





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BOOKS

EATING WITH CONSCIENCE

by Dr Michael W. Fox

Publisher: NewSage Press, USA, 1997

ISBN: 0-939165-30-9 (192pp s/c)

Price: AUD\$30.00; STG£13.50;

NFLf32.90; USD\$14.95

Distributors: **Aust**—Cameron Books, ph (02) 4758 7676; **UK/Eur**—NEXUS offices;

USA—NewSage Press, ph (503) 695 2211, fax (503) 695 5406; Publishers Group West, fax (510) 658 1834.

By unthinkingly consuming the food products of agribusiness we place not only our health and the environment in jeopardy, but we defile the sacred bonds that link the human, animal, plant and mineral kingdoms. But by making better-informed consumption decisions we could yet reverse this trend towards "agricide".

So urges author/columnist Dr Michael Fox, a UK-trained veterinarian who has been an animal welfare activist and bioethicist for the Humane Society of the US since 1976. In his new book, *Eating with Conscience*, he considers the ethical and environmental implications of intensive factory farming and aquaculture; the rotten roots of agribusiness and the trend towards corporate serfdom on the land; the dangers of eating genetically engineered or contaminated food; and the changes we can make for a greener, safer, more humane world.

Dr Fox particularly cautions the US to take effective preventive measures to avert a mad cow disease epidemic that would have devastating consequences for beast and man alike. With 130,000 cattle, 7,000 calves, 360,000 pigs and 24 million chickens killed

in the US every day to support meat-based diets, and with the meat authorities' difficulty in policing contaminated offal being fed to these animals, it may not be too long before the first BSE/CJD outbreak emerges in the United States.

Eating with Conscience is an impassioned plea, backed up with lots of quotable facts and figures plus resource info. It may even turn die-hard meat-eaters into vegetarians.

THE WATER WIZARD

by Viktor Schauberger (translated and edited by Callum Coats)

Publisher: Gateway Books, UK, 1998

ISBN: 1-85860-049-9 (224pp s/c)

Price: AUD\$39.00; NZD\$48.95;

STG£13.50; NFLf43.90; USD\$17.95

Distributors: **Aust**—Banyan Tree Books,

ph (08) 8363 4244; **Aust/NZ/UK/Eur**—

NEXUS offices; **USA**—Access Publishers Network, ph 1800 345 0096.

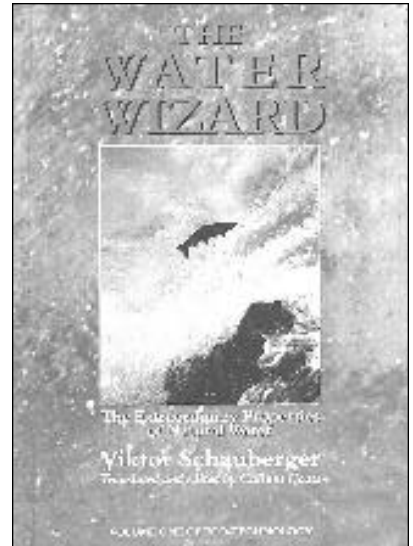
Austrian theorist and engineering genius Viktor Schauberger (1885–1958) spent a lifetime observing and intuiting the processes of Nature, water in particular. So much so, he earned the nickname "the Water Wizard"—an apt title for this book.

This is the first of four volumes in the milestone Eco-Technology series, encapsulating for the first time in English the letters, papers, articles and debates of Viktor Schauberger. (Forthcoming volumes will cover trees, soil and fertility.) The material has been painstakingly collated, translated and edited by Callum Coats who has spent many years studying Schauberger's theories and inventions and has had access to family archives courtesy of Viktor's son Walter. Coats is also the author of *Living Energies*, the definitive account of Schauberger's life

and achievements, published in 1996 (see articles in NEXUS 3/03 to 3/05).

Viktor Schauberger well understood the importance of water as a life-giver, but he equally understood how water can become diseased and devoid of life-enhancing energy when treated incorrectly or ignorantly. What he criticised vehemently in his day about poor water-management practices is applicable even more so today.

Water quality control workers, for instance, need to be aware that recycled water is lifeless and unfit for human consumption unless it has been reinvigorated—using simple energy-restoring technologies. In fact, anyone who has anything to do with water, whether catching, storing, drinking or disposing of it, should be encouraged to study and apply Schauberger's principles and practices.



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BOOKS

VOYAGES INTO THE UNKNOWN

by Bruce Moen

Publisher: Hampton Roads, USA, 1997

ISBN: 1-57174-068-6 (241pp s/c)

Price: AUD\$25.95; NZD\$29.95;

STG£13.50; NFLf28.90; USD\$12.95

Distributors: **Aust**—Gemcraft Books, ph (03) 9888 0111; **NZ**—Peaceful Living, ph (07) 571 8105; **UK/Eur**—NEXUS offices; **USA**—Hampton Roads Publishing Co., 134 Burgess Lane, Charlottesville, VA 22902, ph 1800 766 8009.

Curiosity about what exists beyond the known drew Bruce Moen into exploring the reality of human existence beyond death. His experience in helping 'retrieve' individuals killed during the Oklahoma City explosion gave him the impetus to write this book. His account of that event makes up the mind-blowing first chapter of *Voyages into the Unknown*.

For years Moen had been conducting his own investigations into extraordinary human experience. He'd been enthralled by Castaneda's altered realities; but it wasn't until he came across Robert Monroe's books and learned specific consciousness-expanding techniques like "Gateway Voyage" at The Monroe Institute that he was able to develop and refine his technique.

Applying the "Lifeline" technique, Moen undertook journeys of "Service Here" and "Service There" to help people prepare for the afterlife, as well as to assist recently deceased individuals find their way to "Focus 27"—an imagine-it-as-you-will



'clearing house' for souls finding their bearings and preparing for their next incarnation.

Voyages into the Unknown is a record not only of Bruce Moen's forays into the afterlife, but of his finding fragments of himself from past lives and regaining an appreciation of the totality of his consciousness, applicable in his present life.

And there's more to come after this first book in his "Exploring the Afterlife" series. Anyone who's curious about what's beyond our 'mundane' world will gain something from Moen's revelations and guidance.

GENETIC ENGINEERING: DREAM OR NIGHTMARE? The Brave New World of Bad Science and Big Business

by Mae-Wan Ho

Publisher: Gateway Books, UK, 1998

ISBN: 1-85860-051-0 (s/c) (304pp)

Price: AUD\$37.00; NZD\$44.95;

STG£11.00; NFLf39.90; USD\$15.95

Distributors: **Aust**—Banyan Tree Book Distributors, ph (08) 8363 4244; **Aust/NZ/UK/Eur**—NEXUS offices; **USA**—Access Publishers Network, ph 1800 345 0096.

Far from being able to end world hunger and eradicate disease, genetic engineering could ultimately destroy the human race and life as we know it on this planet, says UK-based biologist and activist Dr Mae-Wan Ho in her latest book, *Genetic Engineering: Dream or Nightmare?*.

The forecast "brave new world" is now a reality, she argues. Science and big business have formed an unprecedented "unholy alliance", where scientific integrity is compromised because of commercial imperatives, where the public good is pitted against commercial profit, where genetic biodiversity, food security and animal welfare are discarded, and where society's moral values and collective consciousness are corrupted by mis/disinformation.

While not wanting to blame individual geneticists for creating a monster, Dr Ho points out that much of what's done in biotechnology is bad science, where inadequate research is quickly applied without any thought of the inherent flaws in the technology or the inevitable hazards.

The fact that genes are "fluid" and can easily cross over to unrelated species by infection or be taken up in the environment is reason for an urgent moratorium to be called on all genetic engineering applications, Mae-Wan Ho stresses.

Dr Ho's holistic approach to biology rejects the reductionist, neo-Darwinist scientific worldview that is leading us to catastrophe. She warns that unless we become better informed and motivated, we'll never be able to deactivate the gene genie in time.



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THE SPACING OF PLANETS: The Solution to a 400-Year Mystery

by Alexander Alan Scarborough

Publisher: Ander Publications, 1996

ISBN: 0-930258-03-7 (126pp l/f s/c)

Price: AUD\$20.00; USD\$19.95 + \$2.00 p&h in USA; Aust/NZ add USD\$5.00 p&h; elsewhere, add USD\$4.00

Distributor: **Aust**—Cameron Books, ph (02) 4758 7676; **USA**—Ander Publications, 202 View Pointe Lane, LaGrange, GA 30241-9103, ph (706) 884 3239.

Considering the human obsession with how we got here, any new thesis that expands our understanding is a welcome addition to the body of knowledge. Such is the case with Alexander Scarborough's thesis, *The Spacing of Planets*, on the origin and evolution of our solar system.

Scarborough presents a cogent argument for a fourth law of planetary motion, taking up where Kepler left off 400 years ago in trying to explain the geometric relationship between the orbits of the six planets known in his time. Using Kepler's three laws as well as Bode's law of geometric spacing, Scarborough reasons that the planets were originally spaced in accordance with the golden mean ratio of *phi*. Moreover, he has determined that any deviations from this spacing ratio are calculable using Kepler's third law related to planetary velocity.

He goes on to describe how planets evolve through five common stages. The smaller the sphere, the more rapid its evolution from nuclear energy mass (Sun), to gaseous (Jupiter, Saturn), to transitional (Uranus,

Neptune), to rocky (Earth, Venus, Mars), to inactive (Mercury, Pluto). These same evolutionary processes are also active within each planet, he says. The Earth's core is constantly engaged in "internal nucleosynthesis" which has created atmospheres, lands, oceans, life-forms and fuels. Indeed, he explains the development of hydrocarbon fuels (gas, oil, coal) as a function of these internal nuclear processes, not as the product of fossilised plant life.

Wherever *phi* is revealed, so too is a grand cosmic design—and Scarborough can even be forgiven for being so certain of the significance and scope of his thesis.

SUMMER WITH THE LEPRECHAUNS

by Tanis Helliwell

Publisher: Blue Dolphin, USA, 1997

ISBN: 1-57733-001-3 (201pp s/c)

Price: AUD\$26.95; NZD\$33.95;

NFL\$28.90; USD\$13.00

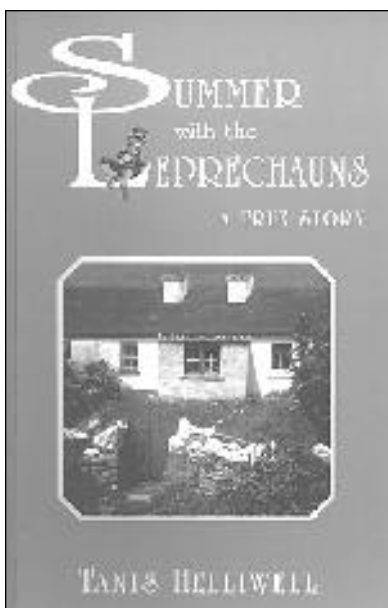
Distributors: **Australia**—Specialist Publications, ph (02) 9736 2191; **NZ**—Peaceful Living, ph (07) 571 8105; **Eur**—NEXUS Office; **USA**—Blue Dolphin Publishing, ph (916) 265 6925.

Ten years ago Tanis Helliwell, a Canadian organisational consultant and teacher of inner mysteries, decided to spend the summer in a cottage in the west of Ireland, the land of her heritage, to find enlightenment. What happened was quite different from what she expected of her peaceful retreat, for soon after arriving at the cottage she was confronted by a leprechaun and his family that suddenly materialised in front of her.

The meeting was the first of many, for the leprechaun befriended Helliwell and shared insights about the elemental races (fairies, devas, pixies, elves, gnomes, leprechauns) that exist on this planet and are intrinsically involved in maintaining various subtle aspects of Nature's living systems.

This particular leprechaun claimed to have been studying humans for the last 100 years with a view to bridging the gap between the human and the elemental worlds. He said that both kingdoms are destined to become co-creators, assisting the evolution of each other as well as the healing of the planet. "If humans could see lighter vibrations and the life-force in all living things," the leprechaun said, "they wouldn't be harming the world the way they have been."

Whether *Summer with the Leprechauns*, Helliwell's record of her experiences, is read as a 'true' story or not, its messages have profound implications for the future of humanity and all living things. But apart from all the insights, this is also an enjoyable tale full of humour and local Irish colour that's hard to put down.



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BOOKS

ANCIENT MICRONESIA & THE LOST CITY OF NAN MADOL

by David Hatcher Childress

Publisher: Adventures Unlimited, 1998

ISBN: 0-932813-49-6 (200pp s/c)

Price: AUD\$28.00; NZD\$34.90;

STG£14.50; NFLf37.90; USD\$16.95 +p/h

Distributors: **Aust/NZ/UK/Eur**— NEXUS offices; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph (815) 253 6390, fax (815) 253 6300.

The islands of Micronesia, situated in the western Pacific Ocean, are studded with ancient megalithic ruins, some built on a massive scale. But as author/adventurer David Hatcher Childress writes, the origin of these structures is uncertain.

In *Ancient Micronesia*, the latest in his "Lost Cities of the Pacific" series, Childress draws on his own travels to the region as well as evidence garnered by European explorers, archaeologists and anthropologists in the last few centuries.

On the island of Pohnpei, Childress visits the most imposing megalithic structure of all: the lost city of Nan Madol, whose central area comprises up to 100 artificial islets built with magnetic, crystalline basalt logs, each weighing up to 20 tons. Some of the structures contain 50-ton blocks and have 30-foot-high walls. But how were they put into place? According to local legend, the basalt logs were magically levitated into position by the islanders' ancestors.

But who were these ancient engineers and from where did they come? Some archaeologists date the ruins at up to 2,000 years old,

but it's been suggested that the structures were built by a megalithic culture that existed throughout the Pacific, well before the migrations of the islander races.

Childress's quest also takes in the menhirs of Palau, the Latte Stones of Guam, the canal city of Insaru on Kosrae, the large stone money discs on Yap and the roads on Malden Island. His glimpses into Micronesian culture, language, writing and myths are richly supported with maps, illustrations, archival b&w and recent colour photos.

PERPETUAL MOTION: An Ancient Mystery Solved? An Investigation into the Legend of Bessler's Wheel

by John Collins

Publisher: Permo Publications, UK, 1997

ISBN: 0-9531615-0-1 (240pp s/c)

Price: AUD\$40.00; STG£11.95;

USD\$21.99; CAN\$29.99

Distrib: **Aust**—Cameron Books, ph (02)

4758 7676, fax (02) 4758 9047; **UK**—

Counter Culture, ph/fax 01823 698895;

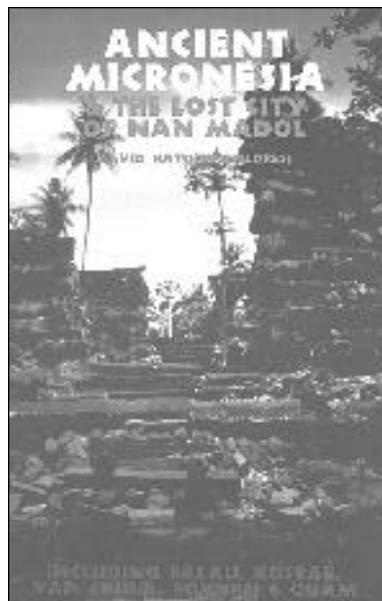
USA—New Leaf, ph (770) 948 7845.

The idea of perpetual motion is ancient, but debate heated up in the 18th century when the gulf widened between the orthodox, who considered perpetual motion impossible, and the inventors, who believed it achievable. That gulf persists to this day.

But whether or not perpetual motion was or is achievable depends to a large extent on its definition, according to author John Collins who has spent many years researching the life and work of the German inventor Johann Bessler (1680?–1745), better known by his coded name, "Orffyreus".

In 1712 Orffyreus demonstrated his first *perpetuum mobile* machine, a device consisting of a spoked wheel with horizontal axle, supported by two vertical beams, but he enclosed it so no one could see the internal workings. It appears, though, that few people were ever given that privilege, so exactly how it worked to achieve 26 rpm, lift loads and run for eight weeks at a time requires some reading between the lines.

After exhaustive translation and analysis of whatever documents, letters and newspaper accounts were available, Collins concludes in his book that Orffyreus was not a fraud—as his detractors had suggested for decades. It was just that by using metal weights within the structure he was also utilising gravity; therefore, by strict definition, his machine did not display true perpetual motion. Still, Collins believes that Bessler's Wheel is ready to be rediscovered, and he gives many suggestions as to how it could be built. Whoever can utilise this design will be well on the way to solving the problem of low-cost energy extraction.





REVIEWS

THE MAGIC SQUARE OF THREE CRYSTAL THE OSCILLATIONS OF THE MAGIC SQUARE FOUR Part 1 & Part 2

by Arto Juhani Heino

Publisher: Ion Art, Australia, 1997
ISBN: 1-876406-00-3 (82pp); 1-876406-02-X (82pp); 1-876406-01-1 (72pp)
Price: AUD\$35.00 each (colour); AUD\$18.00 ea. (b&w) + p&h \$3.50 (each) or \$10.00 (set) in Aust; foreign p&h add AUD\$12.00 (each) or AUD\$25.00 (set)
Distributor: **Australia**—Ion Art, 84 Hemphill Avenue, Mount Pritchard, NSW 2170, ph/fax (02) 9823 5849; Sydney Esoteric Bookshop, ph (02) 9212 2225.

In this series of three manuscripts, author Arto Heino identifies a new "*phi* class" of engineering that combines art, mathematics, science and music, and draws on the work of Kepler, Tesla, Cathie, Searl and others.

Heino demonstrates a system that mimics Nature in the graphic form of magic squares that contain a *phi* ratio geometry. Such forms, he says, have mechanisms which follow the least-action principle, defining new sets of ordering while allowing freedom in design engineering. (Preliminary knowledge of magic squares and sacred geometry is essential for understanding his thesis.)

To give some idea of the scope, the first manuscript, *The Magic Square of Three Crystal*, considers the *phi* ratio, the golden triangle, Fibonacci numbers, musical intervals, bifurcation growth models, resonant geometry, Tesla coils, the ether and more.

The other two manuscripts comprise *The Oscillations of the Magic Square of Four*. Part 1 considers induction, spin, angular momentum, elemental crystals as well as schematics for an Adams motor stator, a sec-

ond Tesla coil, a vortex drive, a magnetron and a Wimshurst electrostatic generator.

Part two expands on the square-of-four groups and includes star pentagonals and planetary ratios as well as schematics for a mercury delay line, a magnetic roller motor, DC and AC motors and more.

For all their beautiful simplicity, these are challenging concepts, and Heino's intuitive, often poetic approach can be difficult to follow. Yet serious free-energy and antigravity researchers should be aware of the benefits to be gained by applying resonant geometry and square harmonics to their innovations.

BOMBS, BLISS & BABA: The Spiritual Autobiography Behind the Hilton Bombing Frame-Up

by Paul Narada Alister

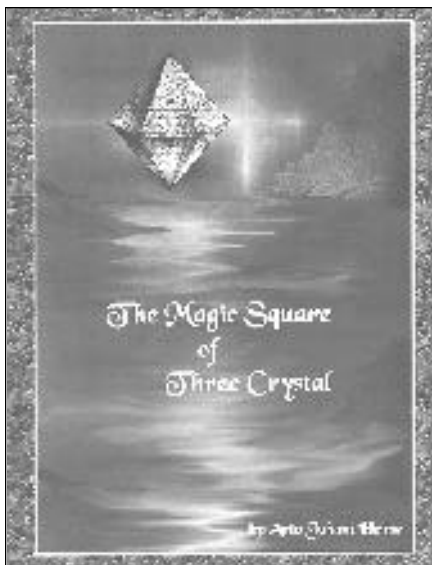
Publisher: Better World Books, 1997
ISBN: 0-646-34789-6 (253pp s/c)
Price: AUD\$22.00 + \$4.00 p&h; foreign airmail, add 50% to p&h charges
Distributor: **Australia**—Better World Books, PO Box 177, Maleny Qld 4552, ph (07) 5494 2887, fax (07) 5494 3559.

When Paul Narada Alister joined the Ananda Marga religious sect in the early 1970s, he was expecting to devote his life to spiritual practice and community service. He certainly never expected that within a few years, by mid-June 1978, he, along with two fellow Margiis, would be in jail for conspiracy to murder and for alleged links to the tragic yet infamous Hilton Hotel bombing in Sydney in February that year.

The case of Paul Alister, Ross Dunn and Tim Anderson became a *cause célèbre*, for it was obvious they'd been framed and "ver-balled". Sentenced to 16 years and an extra 16 years each for attempted murder, the trio was eventually pardoned and released in May 1985 after much public pressure and a judicial inquiry (though in October 1990 Anderson was convicted over the Hilton bombing and then pardoned in June 1991).

Alister has finally written his own story, *Bombs, Bliss and Baba*, and it concerns much more than the Hilton bombing frame-up. He calls it a "spiritual autobiography", for it is a life story that is ultimately uplifting. His time in prison forced him deeper into his spiritual quest, into devotion to God and his Indian guru, Baba. But instead of being bitter, he sees the whole experience as a blessing that has brought empowerment, happiness and wisdom—exemplified in his continuing dedication to service within the Ananda Marga framework.

It would be ironic if the boys at ASIO and NSW Police Special Branch read Alister's book and gained some positive, spiritual insights. Perhaps they may yet reveal the whole truth about the Hilton bombing.



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BOOKS

BLACK HELICOPTERS II: THE ENDGAME STRATEGY

by Jim Keith

Publisher: IllumiNet Press, USA, 1997
ISBN: 1-881532-14-3 (205pp s/c)
Price: AUD\$30.00; NZD\$32.90;
STG£12.50; NFLf35.90; USD\$14.95 +p/h
Distributors: **Aust**—Cameron Books, ph
(02) 4758 7676; **NZ/UK/Eur**— NEXUS
offices; **USA**—Adventures Unlimited, PO
Box 74, Kempton, IL 60946, ph (815) 253
6390, fax (815) 253 6300.

Something is amiss when so many sightings of unmarked black helicopters throughout the US get nary a mention in the mainstream media. And if they do, it's likely they'll be dismissed as figments of deluded imaginations rather than be treated seriously, as investigator Jim Keith found out in his own dealings with NBC TV.

Since publication in 1994 of Keith's earlier book, *Black Helicopters over America* (see review in NEXUS 2/25), sightings reports have only increased. But black choppers aren't the only out-of-place military hardware turning up on American soil: reports continue to stream in about foreign troop movements, convoys of white, UN-marked armoured vehicles and Russian-built biochemical warfare tanks, coded road signs, and the establishment of large-scale detention centres. In this sequel, Keith provides a chronology of a sampling of these reports, and concludes that a New World Order "endgame" is being implemented.

Moreover, assaults on the citizenry are still being reported—not just counter-terrorism rehearsals and low-level buzzing, but black 'copters spraying townships and farms with toxic biological agents, and being seen at the site of cattle mutilations and in the company of UFOs. Local authorities will only admit



that they are not permitted to comment, and refer the inquisitive to the Dept of Defense.

Much of Keith's source material comes from the so-called patriot movement as well as confidential military contacts, and while he paints a bleak picture of an America that has been sold out, it's unclear in the end whether it's the NWO global elite or a Russian-Chinese Communist resurgence that he sees as the major threat to freedom.

PRODUCT

Reviewed by Duncan Roads

MINDLAB ORION

From Lifetools

Price: AUD\$495.00; STG£249.00; + del.
Distributors: **Aust**—Lifetools Australia, 5/1
Walton Crescent, Abbotsford, NSW 2046,
ph (02) 9712 0480; **UK**—Lifetools Ltd, 14-
16 Beswick St, Macclesfield SK11 8JF, ph
01625 502602, fax 0625 500979.

Now this is a fun device! It is not often I get the chance to 'road-test' brain-mind machines, so it is great to see how much they progress each time I do try one out. This one is the MindLab Orion and it comes in a box with a set of good headphones, a visor with built-in LEDs, a compact control device and a neat carrying-case. It's certainly good value for money. It comes with heaps of CDs and tapes as extras, many of them on language-learning, and there's plenty of instructional reading material to help you get the most of out the device.

The four user-modes of the Orion almost make it four machines in one:

Mode 1 – Audio Strobe: This is a patented technology which adds precisely synchronised patterns of light to music. Thus when you play Audio Strobe-encoded CDs, the coded signals will control the lights.

Mode 2 – Manual Mode: Use this mode to explore and discover which sound/light pulse rates produce the most interesting patterns, or, better still, to monitor their effects on your headspace. You can vary the sound/light pulse rates from left to right, as well as alternate the decimal points on the LEDs. Very versatile!

Mode 3 – ColourPulse: This transforms the beat of your favourite music CDs or tapes into patterns of pulsing light. It even works with spoken-word tapes and CDs.

Mode 4 – MicroPulse: In this setting, the built-in microphone picks up sounds around you and passes them through the ColourPulse circuitry, thus transforming external sounds into pulsing light.

Above all, this is a very compact device that can be used for entertainment, education (e.g., language learning), relaxation or invigoration, or for exploring states of awareness.



REVIEWS

AUDIO

Reviewed by Richard Giles

SIMPLE MAGIC

by Dee Rogers

Produced for Four Winds Music, Chatswood, Australia, 1997 (63mins)
Distributors: **Australia**—Four Winds Music, ph (02) 9486 3054; **Europe**—BSC Music, Germany, ph +49 08178 1246.

Another in the excellent series by Dee Rogers. On this album, *Simple Magic*, she has created an atmosphere with her smooth and simple keyboard style that transports the listener to a safe and tranquil environment. Imagine yourself strolling through fields of flowers surrounded by trees and rolling hills. Wonderful harmony for a quiet evening by the fire, for use in healing sessions and for general relaxation. There's indeed a simple magic in Dee's fingers.

ESSENCE

by Peter Kater

Produced for EarthSea Music, VA, USA, 1997 (75mins)
Distributor: **USA**—EarthSea Records, ph (540) 351 6191 or 1-888-48EARTH.

Peter Kater has an enviable record in the music industry, having produced dozens of albums in jazz, new age and ambient fields. In 1997 he established his own company, EarthSea Records to promote "extraordinary contemporary and indigenous music from around the world".

Essence is the first album in his EarthSea Healing Series, and the music serves to awaken healing, emotional honesty and self-nurturing in the listener. It features the evocative voice of Chris White, with violin, cello, piano and flute. Kater's music is intense, intimate and luscious.

O'R MABINOGI: Legends of the Celts by Ceredwen

Produced for Real Music, Sausalito, CA, USA, 1997 (58mins)
Distributors: **Australia**—New World Productions, ph (07) 3367 0788; **USA**—Real Music, ph (415) 331 8275.

Interest in everything Celtic has taken a firm hold on our culture. This beautiful album from Ceredwen, named after the Celtic goddess of inspiration, takes the listener on a journey through the legends of the Celts, retelling the great stories (*Mabinogi*) of the gods, kings and queens, of love and mystery, of the fairy underworld and Annwn, the Otherworld.

Ceredwen (Renée Gray and Andrew Fryer) has produced an enchanting album full of the magic of the Celts.

DAKAR HEART

by Jimi Mbaye

Produced for Shanachie Entertainment, USA, 1997 (54mins)

Distributors: **Aust**—MRA Entertainment, ph (07) 3849 6020; **USA**—Shanachie Entertainment, ph (973) 579 7763.

Youssou Ndour's band, Super Etoile, has some wonderfully talented African musicians—among them, lead guitarist Jimi Mbaye who has collaborated with Ndour on numbers of albums and projects over the years. Now, Mbaye has struck out with a solo album, *Dakar Heart*, taking the unique and warmhearted style he's brought to the Senegalese sound that Ndour has spread globally and putting it into his own compositions. His sound is elegant, simple and imaginative, in the style of *l'Afrique profonde* that he and Ndour promote.

The HOLY SPIRIT & The HOLY GRAIL by Adrian Wagner

Produced by Adrian Wagner, UK, 1997
Price: AUD\$32.00, STG£12.95 (CD) (59mins)

Distributor: **UK**—The Media Suite, +44 01239 710594, fax 01239 711343, e-mail enquiries@mediaquest.co.uk.

Adrian Wagner (the great, great grandson of composer Richard Wagner) wrote the music for *The Holy Spirit and The Holy Grail* after years of research into the Grail tradition. Coincidentally, as soon as Wagner read Sir Laurence Gardner's 1996 book, *Bloodline of the Holy Grail*, he was contacted by Gardner and then sent him a copy of his album. As soon as Sir Laurence heard it, he knew this was the music for his book.

Wagner's album is a mystical, inspirational trip into the intriguing realms of the Grail mystery and captures the depth of humanity's search for meaning. And it just may help change your perspective on history, as Gardner's book has done for so many. (See article this issue and in NEXUS 5/02.)

